



Domestic Abuse & Sexual Assault Crisis Center *of Warren County*



The mission of the
Domestic Abuse & Sexual Assault Crisis Center
is to support and empower those affected by
domestic violence and sexual assault,
and to develop a community where there
is no acceptance of or tolerance for either.

866-6BE-SAFE

www.besafewc.org



Domestic Abuse & Sexual Assault Crisis Center *of Warren County*

Contact information and phone numbers:

Hotlines: 866-6BE-SAFE
908-453-4181
908-453-2553 (TTY)

Office: 908-453-4121

Fax: 908-453-3706

Website: www.besafewc.org

Domestic Abuse & Sexual Assault Crisis Center of Warren County
P.O. Box 423
Belvidere, NJ 07823

What is Domestic Violence?

Domestic Violence includes one or more of the following acts: physical, verbal, financial, sexual, mental, or emotional abuse, destruction of property belonging to the victim or abuse of pets. It is rarely a single act. Domestic violence incidences almost always increase in frequency and severity.

You may be a victim of domestic violence if your partner has:

- Hit, kicked, shoved or thrown objects at you.
- Forced you to modify your behavior.
- Criticized, ridiculed or insulted you based on your values, beliefs, race, gender, or class.
- Frightened, intimidated, or threatened you.
- Engaged in sexual activity that made you uncomfortable.
- Isolated you from your family and friends.
- Kept you from becoming employed or maintaining employment
- Attempted to control aspects of your life such as finances, social interactions, employment and or your behavior.

If you think you might be in an abusive relationship, call our hotline for help, information and safety planning tips. Safety planning is essential in case you need to get away from a situation quickly. Be prepared with a plan to get you and your children to safety and keep important documents and other items in a small bag in a secure, easily accessible location.

What is Sexual Assault?

Sexual Assault is any unwanted sexual contact. It is a crime perpetrated on an individual against her or his will intended to terrorize, humiliate, hurt, and exert control. Sexual assault is an act of violent aggression.

You may be a survivor of sexual assault:

- Even if he is not a stranger. Approximately 75% of sexual assaults fall into the category of non-stranger rape.
- Even if you are incapacitated by drugs or alcohol. Being incapacitated does not imply permission for sex. In fact, it renders you incapable of giving your consent.
- Even if you have a prior sexual history with other people or this person, even if you are married. You have the right to have your wishes adhered to. You always have the right to say "no."
- Even if you did not fight back physically or have no signs of the assault. Almost all sexual assault survivors state that they were in fear for their lives during the assault. For many, this fear makes them incapable of physically fighting their attacker.

If you think you have been sexually assaulted seek professional counseling in order to begin healing from the trauma.

Free, Confidential and Culturally Competent Services

- 24-hour emergency services (hotline, shelter, Domestic Violence Response Team, Sexual Assault Response Team)
- 24-hour hotline (908) 453-4181
- Individual counseling (bilingual - Spanish) and support groups
- Youth programs: children and teens
- Support for significant others
- Transitional housing
- Case management
- Outreach program
- Legal advocacy (emergency legal sessions; court accompaniment; information and referrals)
- Safety planning tips
- Information and referrals
- Community education/Professional training

The Domestic Abuse & Sexual Assault Crisis Center of Warren County provides services to all who identify themselves as victims of domestic violence and/or sexual assault and does not discriminate on the basis of race, color, religion, gender, sexual orientation, national or ethnic origin, age, veteran status or other protected classes under the law.

The Domestic Abuse & Sexual Assault Crisis Center of Warren County programs are funded in part by Division on Youth and Family Services, Warren County; United Way of Warren County; New Jersey BAR Association; Victim of Crime Act; New Jersey Division on Women; New Jersey Department of Community Affairs.



Please send me information about:

- DVRT Volunteer Opportunities
- SART Volunteer Opportunities
- Speaker(s) for My Group
- Victim Services
- School-Based Programs
- Care Give Training
- Sexual Harassment in the Workplace Training
- Other (please specify)

Please add me to your mailing list

I would like to donate \$

Please make checks payable to DASACC, Inc.
All donations are tax deductible.

For information only, complete this panel, detach, and mail. If sending a donation, please detach this panel and mail along with your check to the address listed on the reverse side.

Name: _____

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